

REGISTRATION

Please fill in the description (time, date, level) of the class(es) you would like to register for.
(Children & parent's class may be grouped together for discounts)

REGULAR CLASSES

- 1 class/wk (10 classes): = \$125.00 (tax included) 2 classes/wk: (20 classes): \$240.00 (tax included)
 3 classes/wk: (30 classes) = \$350.00 (tax included) Drop in - \$15/class

5-week RAJASTHANI FOLKLORE SPECIAL : Starting May 6th

- 5 weeks: \$75 5 weeks add on (if taking another class): \$65

5-week DOUBLE VEIL CHOREOGRAPHY : Experience needed: Starting June 27th

- 5 weeks: \$75 5 weeks add on (if taking another class): \$65
 Introduction to Double Veils: Workshop June 17th From 6:00pm -8:00pm: \$40

SALSA FOR PARTNERS: 10 wk session \$150/couple 10 wk w/dance class \$140

- POWER YOGA & PILATES: Yoga Level 1: \$115 Yoga Level 2: \$115 Pilates: \$115
 Yoga & Pilates (back to back): \$210 Yoga Level 1 Yoga Level 2

WEEK DAY _____ and TIME ___:___ and TITLE _____ of 1st class

WEEK DAY _____ and TIME ___:___ and TITLE _____ of 2nd class

WEEK DAY _____ and TIME ___:___ and TITLE _____ of 3rd class

Please fill in the total amount enclosed: Discount? _____

Total: \$ _____ Cash Cheque Paypal Email Transfer

NOTE: Classes are NON REFUNDABLE/TRANSFERABLE after week 3.

Cheques: Make cheques payable to **MANDY HABERMEHL** (mailing address only)
 Mail to: **Down Hips Dance Studio, 1-98 Waterloo St. Waterloo ON N2J 1X9**

Full Name _____ Phone _____

Email _____

How did you hear about us? _____ Injuries? _____

Do you have any previous dance experience? What and where? _____

I (print name) _____

release Down Hip Dance Studio and all Studio Instructors/renters/borrowers including but not limited to, Mandy Habermehl, Katie Hendricks, Rebecca Balaz, Lisa Manary, Dahlia Ibriham, Michele Khandelwal, Khandelwal Properties and 900 Guelph St. from any and all liability, injury, claim, demand or action that I may have resulting in or from injury, loss, or damages arising from my participation in any classes or events, including injury or loss that may be caused by the negligence of the released parties. I choose to take this class at my own risk.

Signature: _____ Date: _____

SPRING/SUMMER 10-wk SESSION: Begins the week of May 10th 2010

MONDAYS

- * 5:30 – 6:45 Bellydance Beginner Level 3 w/Mandy
- * 6:55 – 8:10 Bellydance Beginner Level 2 w/Mandy.
- * 8:20 – 9:35 Bellydance Advance Level 5 w/Mandy (permission or invitation required).

TUESDAYS

- * 5:30 – 6:45 Introductory Bellydance Level 1 w/ Rebecca (FOR NEW STUDENTS)
- * 6:55 – 8:10 *new* BOLLYWOOD Fusion – w/ Faith (Mix level)
- * 8:25 – 9:45 Tribal Fusion – Mix - w/ Katie

WEDNESDAYS

- * 5:30 – 6:45 Karate and Jujitsu Karate-Aiki Jujitsu Academy Of Martial Arts
- * 7:00 – 8:15 Introductory Bellydance Level 1 (FOR NEW STUDENTS)
- * 8:25 – 9:40 Burlesque w/ Sassy Ray! (no nudity – for all shapes sizes and ages!!)

THURSDAYS

- * 5:30 – 6:45 Rajasthani Folklore, Mixed Level, 5wk-SESSION: w/ Chantal DosSantos (May 6th to June 10th)
- * 5:30 – 6:45 **Double veil choreography** 5wk-SESSION: w/ Mandy (starting June 24th)
- * 6:55 – 8:10 **Turkish Bellydance Level 4 Intermediate** w/ Chantal followed by **Bellydance Technique and choreography drills** w/Mandy
- * 8:25 – 9:40 **FLAMENCO** introduction with Kim Green

FRIDAYS

- * 5:30 – 6:45 Karate and Jujitsu Karate-Aiki Jujitsu Academy Of Martial Arts
- * 7:15 – 9:00 Down Hips Troupe Rehearsal

SATURDAYS

~**YOGA AND PILATES CLASSES BEGINS APRIL 17** ~

- * 9:45 – 10:45 **POWER YOGA: LEVEL 1** w/ Tracey Despres (vinyasa flow yoga)
- * 11:00 – 12:00 **PILATES** w/ Tracey Despres
- * 12:10 – 1:10 **POWER YOGA: LEVEL 2** (yoga or power yoga experience)
- * 1:30 – 2:30 Children's Bellydance w/Lisa

SUNDAYS

- * 5:00-6:00 **SALSA & MERENGUE** For couples! Level 1- w/Dahlia
- * 7:45-9:00 **VEILS** Level 1 w/Mandy (for those new to veils! All levels of dancers)

WORKSHOP : Introduction to Double veils (pre-req. for choreography) JUNE 17 from 6-8pm